RSVP's Impact in Iowa

FISCAL YEAR 2023

4,548

RSVP Volunteers served their communities

With over three thousand active volunteers serving lowa through RSVP, chances are you know someone or have been directly impacted by their service.

RSVP Volunteers served

256,237

hours

RSVP volunteers in Iowa INCREASED their hours of service last year by almost twenty-five thousand hours.



Iowans in need served by RSVP

RSVP volunteers work to meet the needs of lowans.

This service is valued at

\$7.20M*

The state of lowa values an hour of volunteer service at \$28.09. Volunteers put money back into lowa communities through their service. *FY23

\$418,698

Dollar match from Iowa in 2022

The state of Iowa provided crucial matching funds that leveraged over 2.9 million in federal funding directed to Iowa RSVP programs in 2022.

ey Areas of Service:





Food Security, Health & Wellness



Education



Independent Living



FinancialLiteracy



Environmental Stewardship



Local Needs

RSVP Focus Areas:



Food Security, Health & Wellness

RSVP volunteers help increase food security and support health and wellness.

Assignments include:

- ·Assistance at food pantries and Iowa food banks
- ·Community gardens
- ·Children's backpack food distribution programs
- ·Food box and grocery delivery
- ·Hot meal programs and fresh markets
- ·Meal delivery
- ·Lead fitness and exercise classes
- ·Opioid abuse prevention programs



Education

RSVP volunteers provide service to improve educational outcomes (increased academic performance and engagement, attendance and graduation rates) and help children succeed academically. Activities include:

- ·School readiness for young children such as Head Start
- ·Literacy tutoring (i.e. Reading Buddies)
- STEM tutoring
- ·Mentoring at-risk youth
- Pen Pal writing partners projects
- ·Instruction in public speaking (Speak UP! curriculum for 5th grade students)
- ·After-school and summer learning programs



Independent Living

RSVP volunteers help meet community health needs such as access to care, aging in place, and assisting seniors in maintaining independence and quality of life. Assignments include:

- ·Respite care for caregivers
- ·Transportation services
- ·Home-delivered meals and grocery shopping services (also food security)
- ·Bill paying and representative payee services
- ·Lead fitness and exercise classes (also Health & Wellness)
- ·Companionship and friendly visiting
- ·Phone reassurance calls



Financial Literacy

RSVP volunteers provide support and/or facilitate access to services and resources that contribute to the improved financial well-being and security of economically disadvantaged people. Activities include:

- ·Income tax assistance/preparation
- ·Fraud prevention programs/presentations
- ·Representative payee services
- ·Help with rent reimbursement and/or emergency assistance programs
- Improving access to services and benefits aimed at enhancing financial literacy
- Assisting individuals to transition into or remain in safe, healthy, affordable housing such as Habitat for Humanity



Environmental Stewardship

RSVP volunteers provide services that contribute to increased energy efficiency and support behavioral change leading to increased renewable energy use, and ecosystem improvements. Activities include:

- ·Winter weatherization of homes
- ·Maintenance of arboretums, trails, gardens, and greenhouses
- ·Conservation and visitors center operations
- ·Environmental education



Local Priorities

RSVP volunteers serve their local community by engaging in service activities that are outside of the national performance measures, but do support the mission of agencies being served by RSVP. Some of the activities include:

- ·Administrative and technical support
- ·Cultural activities
- ·Library support
- ·Assistance at hospitals, nursing homes and senior centers
- ·Help at community events
- ·Veteran support services



What lowans are saying about RSVP:

"I enjoy being a pen pal for students. It is fun to get a letter from them and I hope they are just as excited to receive one from me. Learning about their lives, their likes and what makes them happy is a good connection to have between an adult and child. Any extra support on a student's life is worth my time."

Linda Redman, Volunteer, Leon

"When I retired 9 years ago, I wasn't sure what I was going to do as I had worked full-time since I graduated from high school. I saw a notice that RSVP was looking for volunteers to provide transportation to seniors who no longer drive and thought "I could do that!!" I enjoy meeting people and this was a great opportunity to do just that on a one-to-one basis. The more I volunteered, the better I felt. Volunteering helps so many people and has been a wonderful experience for me. There are so many opportunities to share your talents so I encourage anyone over 55 to check out RSVP and volunteer as often as you like. The reward is in the thanks you receive from every person you help."

Diana Schwendinger, Volunteer, Ames

"Being retired, we wanted to stay active, meet people, support our community and help various organizations. We joined RSVP and it all came together. We can pick and choose how much time we want to spend volunteering and with many different organizations, businesses or schools. We absolutely love RSVP and have so many heartwarming stories to tell about volunteering!"

Marlin and Judy Mowry, Volunteers, Decorah

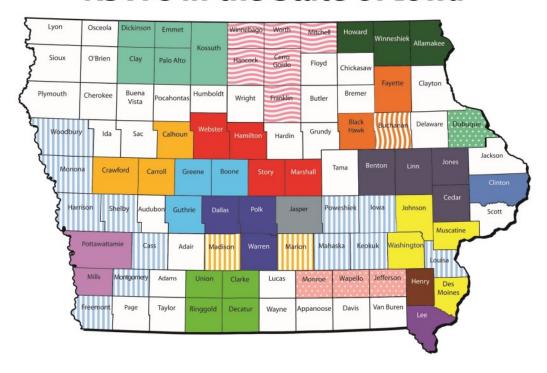
I truly enjoy seeing the relationships built each year between the RSVP volunteers and our students. Whether it is through the Reading Buddy program or the Pen Pal program, our students crave the relationship they develop with the volunteers. The kids get so excited to read with their reading buddy and our fourth graders eagerly wait each month for their letter from their penpal. One of the biggest benefits is the one-on-one time that our students receive with a caring adult. It makes all the difference in the world.

Michelle DeHart, Elementary Administrator, West Hancock

"We are so grateful for the volunteers with RSVP who selflessly contribute their time and efforts to help run our campus food pantry.. Their commitment and compassion have made a significant impact on the success of the project and in the lives of students. We are appreciative of their invaluable support."

Dr. Rachel McGuire, Vice President of Student Development & Success, NIACC

RSVPs in the State of Iowa



RSVP provides a proven and effective infrastructure to recruit, screen, and place volunteers in public and nonprofit organizations meeting local needs throughout Iowa

RSVPs in the State of Iowa

| Program | Contact | E-mail |
|----------------------------------------------------------|--------------------------|----------------------------------|
| RSVP of North Central Iowa | Alison Mason | alison.mason@niacc.edu |
| RSVP of Buchanan County | Jake Bass | jake_bass@vccv.org |
| Iowa HHS RSVP | Ingrid Stukerjurgen | ingrid.stukerjurgen@iowa.gov |
| Northwest Iowa RSVP | Jolene Rogers | jrogers@iowalakes.edu |
| RSVP of Lee County | Nikki Wilson | rsvp@unitedwaygrr.org |
| RSVP of Clinton County | Lynee Burken | ccrsvpdirector@gmail.com |
| RSVP of Johnson, Muscatine and Des Moines Counties | Michelle McGraw | michelle.mcgraw@unitedwayjwc.org |
| Jasper County RSVP | Sarah Patterson | patter@iastate.edu |
| RSVP of Monroe, Wapello and Jefferson Counties | Peggy Fisher | p.fisher@wapellocouw.org |
| Henry County RSVP | Lindsey Ford | rsvp@thefellowshipcup.org |
| Northeast Iowa RSVP Volunteer Program | Deana Hageman | rsvp@decorahlibrary.org |
| RSVP 55+ Volunteer Program of Boone , Greene and Guthrie | Michele Hull | mhull@bchmail.org |
| RSVP of Pottawattamie and Mills Counties | Ingrid Stukerjurgen | Ingred.stukerjurgen@iowa.gov |
| Southern Iowa RSVP | Jennifer McBroom | mcbroom1@graceland.edu |
| United Way of Central Iowa RSVP | Lynne Melssen | lynne.melssen@unitedwaydm.org |
| United Way of East Central Iowa 55+ Initiative | Meredith Hershner | meredith.hershner@uweci.org |
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| HIRTA RSVP Marion and Madison Counties | Mildred Chihak | mchihak@ridehirta.com |
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